



# Huggers



## How to use your Huggers

**It is recommended that Little Baby Hugz Huggers are not used in conjunction with other removable support systems.**

Once baby is fastened securely in car seat, stroller, swing etc. place Huggers on either side of Baby's head and tuck them behind Baby's shoulders and arms and along Baby's sides. Make sure to push the Huggers as far back as you can in seat.

As baby grows and takes up more space in the car seat many parents still want to use the Huggers to support their little one's head, but the Huggers no longer fit along Baby's sides. It is necessary to have them behind Baby's arms and shoulders to hold the Huggers in place, but the ends can remain untucked and be used as little arm rests so that Baby isn't too squished!

Some smaller babies and some preemies may need some extra support. When using Huggers Pairs fold over the top of one, or both, in the shape of a candy cane and place fold against Baby's head. Baby's head should look secure, but should not look squished. It is important that there isn't any pressure on Baby's head. If so, make sure to unfold and use straight up each side. The idea is to help support, but not restrict all movement.

### Helpful Hints

Use Huggers when traveling, but when you arrive at your destination remove them. They are pretty squishy and will fit in your diaper bag.

When using the Long Huggers with toddlers in forward facing car seats, make sure to tuck the ends of the Hugger behind the child's shoulders to hold it in place. The Hugger will then go up and over the child's head to support it and prevent their heads from falling forward or to the side.

Huggers can be machine washed and it is fine to dry them in the dryer on low heat. If after washing & drying the Huggers you notice that the stuffing has moved around, gently massage and work them back into shape.

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